

MENINGITIS?

CHECK THE SYMPTOMS

Do the Tumbler Test

Most people with meningococcal septicaemia develop a rash of tiny red 'pin prick' spots which can rapidly develop into purple bruising. If the rash does not fade when a glass is pressed against it, it could be meningococcal septicaemia. On dark skin, check for the rash on lighter parts of the body, eg. inner eyelids or finger tips.



Back on dark skin

Important

Someone who becomes unwell rapidly should be examined particularly carefully for the meningococcal septicaemia rash.

Other symptoms in babies may include:

- Blotchy skin, quite pale or turning blue
- Tense or bulging soft spot (fontanelle) on the baby's head
- Poor feeding
- High pitched cry/irritable (especially when being held)

IF YOU SUSPECT EITHER DISEASE GO IMMEDIATELY TO YOUR NEAREST GP OR CASUALTY UNIT

ACT QUICKLY!

NOT EVERYONE GETS ALL OF THESE SYMPTOMS AND THEY CAN APPEAR IN ANY ORDER

Meningococcal Septicaemia	Meningitis
Rash	<input type="checkbox"/>
Leg pain	<input type="checkbox"/>
Cold hands & feet	<input type="checkbox"/>
Floppy child/difficulty supporting own weight	<input type="checkbox"/>
Fever, vomiting or diarrhoea	<input type="checkbox"/>
Confusion & drowsiness	<input type="checkbox"/>
Difficulty breathing	<input type="checkbox"/>
Abdominal/pain/muscle pain	<input type="checkbox"/>
Abnormal skin colour	<input type="checkbox"/>
Severe headache	<input type="checkbox"/>
Stiff neck	<input type="checkbox"/>
Dislike of bright light	<input type="checkbox"/>
Body stiffens/jerky movements	<input type="checkbox"/>

Meningitis can KILL in under 4 hours

To make a donation phone 0117 373 73 73 or visit www.4hours.org



Meningitis UK is the working name of Spencer Dayman Meningitis UK Registered Charity No 1075774 (England & Wales)

Babies and Toddlers

Meningitis and Septicaemia often occur Together

Fever, cold hands & feet	Floppy, listless, unresponsive
Refusing food	Drowsy, difficult to wake
Vomiting	Spots/Rash see Glass Test
Pale, blotchy skin	Rapid breathing or grunting
Fretful, dislike being handled	Unusual cry, moaning

Children and Adults

Meningitis and Septicaemia often occur Together

Fever, cold hands & feet	Stomach cramps & diarrhoea
Vomiting	Spots/Rash see Glass Test
Drowsy, difficult to wake	Severe headache
Confusion & irritability	Stiff neck
Severe muscle pain	Dislike bright lights

A Big Thank You.....

Roger Viles (website designer) roger@miniwebsitedesign.co.uk

Roger has funded the cost of Archie's website two years. If there is anyone interested in sponsoring the website, please contact Roger.

Nigel Welsh (printer) info@magmasigns.co.uk www.magmasigns.co.uk

Jeffrey Miles, Amanda Bean & Priscilla Rowe -for sending out 1000's of letters and emails

All Fundraisers

- The Anchor Inn (shrewsbury)
- The Beresford Arms (Plymouth) - Fun Day
- The Carwash Drake Circus (Plymouth) - (Collection Tins)
- Julie and Dave at the four turnings Garage in Fowey (Cornwall) - collection Tins
- Polly & Co Highweek Village Pub - Raffle
- Bushido Challenge, The Awakening (Plymouth) - Raffle
- The Seymour Pub (Plymouth) - Collection Tins
- Shirley Castle - Making and selling Jewellery
- Yelverton Golf Club - Raffle
- Notre Dame year 12 students
- Liz Tomlin of hair Razors - Raffle
- Jenny Edgecombe - 50th Birthday donations
- Babcock Marine Security dockyard (Plymouth) - donating Christmas card money
- Dad, Ellie, Steven and Christine - supporting Meningitis UK
- National Slimming Centres, Mayflower St. (Plymouth) - Raffle
- Plymouth Angling st. Budeaux - Collection Tins
- Shannon and Jade Small (Plymouth) - Ran 13 Miles, a mile a day
- All 2010 Marathon Runners

And many, many more.....

These are just some of the fantastic fundraising events held for Archie. To view so many more wonderful events and donations please go to www.archiesstory.co.uk

If you have any ideas for fundraising please email barton.nicola@yahoo.co.uk
We hope you have a great evening and we thank you all so much for coming.

Please keep Raising awareness for meningitis